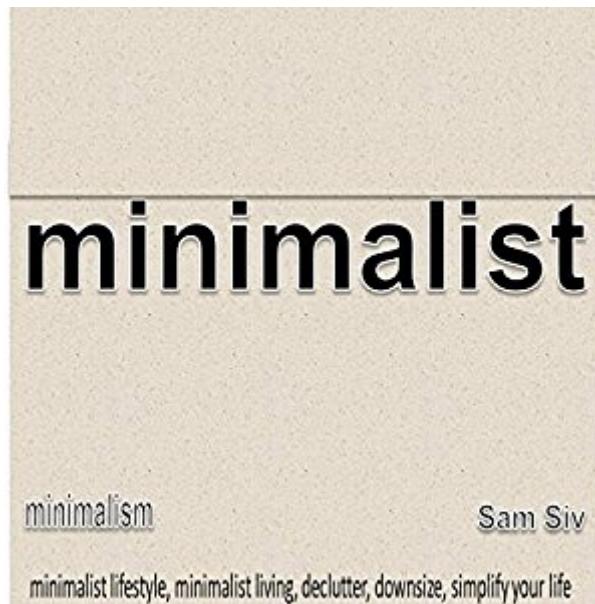


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# Minimalist



## Synopsis

You're about to discover proven steps on how to become a minimalist and simplifying your life...This book contains proven steps and strategies on living a minimalist way of life and embracing the fact that less is more. This can serve as your guide on your journey towards minimalism and help you determine your purpose as to why you are assuming this lifestyle. Moreover, it helps you set your priorities and disregard certain habits or tangible things that weigh you down. You'll Learn:Understand what minimalism isPrinciples of minimalismLearn how to budget the minimalist wayBenefits of being a minimalist How to become a minimalistPrioritizing your lifeHow to organize and declutterEmbracing and enjoying a minimalist lifestyle Download now!Minimalism can become your path to a meaningful life and ultimate happiness. To join the new age of people who are beginning to embrace the lifestyle in order to figure out what is truly important, download this book.

## Book Information

Audible Audio Edition

Listening Length: 33 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Sam Siv

Audible.com Release Date: November 4, 2014

Language: English

ASIN: B00P8DCFZW

Best Sellers Rank: #55 in Books > Audible Audiobooks > Arts & Entertainment > Design #1282 in Books > Crafts, Hobbies & Home > Home Improvement & Design > Decorating & Design > Interior Decorating #1688 in Books > Arts & Photography > Decorative Arts & Design > Decorative Arts

## Customer Reviews

I find the five main principles of minimalism a good foundation guide to start a minimalistic mentality. After reading this book, I realized that I have got a bunch of unnecessary stuff that I have been keeping, and now I decided to get rid of them as I find that minimalism is a key to efficiency, and a way for me to save time and money. This is such an informative read and a helpful guide in dealing with things the minimalistic way. Great book!

I seem to be on a search lately, whether it is remodeling rooms in my house or trying to streamline

my life I am on a constant search it seems. I have never been one for clutter, though I have collections of things, there seemed to be a lot of clutter around me. Since I have had such good success with our Sam Siv books I decided to go ahead and read this one also. I have highlighted a couple of really good tips/ideas and have decided to slowly implement them in my life. I have found some very useful information and suggest this book for those that want to clear out clutter and move to a more minimalist, simple lifestyle.

I really enjoyed reading this book. At times it is repetitive but that seems to have the purpose of reinforcing the concept, which I have found to be intriguing. This is not a quick read, it will require time to let it sink in. I know that I will come back to this book many times for inspiration and validation.

This is such an inspiring read. Everyday, we think we must possess everything that our hearts desired and wanted, even those we don't really need. We thought that is the key to happiness. Upon reading Minimalist, I realized I was among those who had the wrong perception about being happy with everything I can hold on to. Sam Siv's book proved otherwise. This book demonstrated that a simple life and living in a minimalist way can be fulfilling and endearing, too. I liked how this book tells you how minimalism is achieved, how life should be prioritized, what to do to organize not only your things but your life in the most simplistic way imaginable. I was inspired how being minimal can pave the way to a happier, fruitful and uncomplicated life; how spending less leads to saving more for the future, being productive and satisfied. I believe, the best part of this book by Sam Siv is how he itemized the simple steps on how to declutter and how to embrace the Less is More lifestyle. Minimalist deserves an easy 5 star rating from me. Highly recommended read!

Short time reading that help people like me, who wants to embrace minimalism. Help to reinforce basic concepts and to keep focus on our purpose.

Simply wonderful! Well written and easy to understand. Gave great ideas to gear oneself for the goal ahead.

It was about 1/8 inch thick and for me lacked content. Too basic as if anyone could have written this "book?"

Being a minimalist will make your life happier and simpler. This is a great lifestyle.

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Deep Work: 2 Manuscripts: Minimalist - The Best Ways To Simplify Your Work Life, Minimalist - Finances And Budgeting The Minimalist Way Minimalist Lifestyle: How to Start Living Simplistically Right Now (minimalist living, minimalism, living minimally, spirituality, declutter your home, decluttering, self-help, happiness, freedom,) Minimalist Living: Simplify Your Life: Living a Stress Free Minimalist Lifestyle with Less Clutter and More Happiness The Minimalist Budget: A Practical Guide on Living Well, Spending Less, How to Save Money And Living Your Life With a Minimalist Lifestyle Deep Work: 2 Manuscripts: Minimalist: The Best Ways to Simplify Your Work Life; Finances and Budgeting the Minimalist Way Minimalist: A Minimalist Guide to Do More with Less to Simplify Your Life The Minimalist Budget: A Practical Guide On How To Save Money, Spend Less And Live More With A Minimalist Lifestyle Minimal Lifestyle: 11 Minimalist Ideas to Clear Your Life (Minimalist living,Self Confidence,Stress Relief) Minimalist Living: Declutter Your Home, Schedule & Digital Life for Simple Living (and Discover Why Less is More) Simplify Your Life: Living a Stress-Free Minimalist Lifestyle with Less Clutter and More Happiness Minimalist Budget : Practical Ways to Save Money, Spend Less, Save Time and Declutter Your Life to Live More Practical, Well Balanced and Non-Materialistic ... Mindset, Budget Planning Book 1) Minimalism: A Minimalist's Guide to Eliminate Clutter, Clear the Mind and Increase Productivity Less Is More: How To Live With Less Stuff For Greater Health And Happiness (Minimal Living, Minimalist Living Tips) Minimalist Living: Learning to love living with less (Minimalism and Decluttering) Do Less: A Minimalist Guide to a Simplified, Organized, and Happy Life Diamond-Cut Abs: How to Engineer The Ultimate Six-Pack--Minimalist Methods for Maximal Results Minimalist Budget: One Month Learning Challenge To Manage Your Money, Spend Less And Stay Debt Free Minimalist Minimalist Living: Simplify, Organize, and Declutter Your Life Minimalist Budget: Simple Strategies On How To Save More, Spend Less, And Curb Spending Temptation (Without Living On Ramen)

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